



*A bioenergetic  
view of love,  
healing, connection  
and authenticity*

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25TH IIBA INTERNATIONAL CONFERENCE  
**TRAINING DAYS,  
PRE-CONFERENCE WORKSHOPS &  
PLENARY SESSIONS**

DETAILED PROGRAM

**TORRES VEDRAS – MAY 21 – 26, 2019**



**IIBA**  
INTERNATIONAL INSTITUTE FOR  
BIOENERGETIC ANALYSIS

[WWW.IIBA-CONFERENCE.ORG](http://WWW.IIBA-CONFERENCE.ORG)

# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

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# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

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## TRAINING DAYS

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**Date & Time:** **May 21 – 22, 2019**  
🕒 09:00 – 13:00 & 14:30 – 17:00

**Registration Fee:** 86,50 EUR (for IIBA Trainees\* only)

*\* IIBA Trainee: Currently involved in a training program from an IIBA associated Local Society or Training Group.*

## Pre-Clinical Workshop with Heiner Steckel

### Basic Issues of Bioenergetic Analysis: New Developments of Neurophysiology related to Emotions and Trauma and the Significance of Self-regulation in Bioenergetic Body-work

In this workshop, I will invite you to touch upon several basic energetic aspects of our practice, in Grounding - Breathing - Movement - Emotional Expression, Containment and all, with a special focus on the paramount importance of the involuntary movements of vibration and pulsation.

My commitment is to encourage participants to find ways to help clients evolve from survival contractions towards self-regulated expansions and true emotional expressions. Functioning self-regulation starts out with good enough co-regulation between therapist and client in the beginning (protective contraction may often be needed before evolving towards a more organic self-regulation). Good co-regulation implies the creation of a safe space, where the therapeutic process helps the client reconnect with vital basic self-regulation.

My intention is not only to teach but also to fascinate and encourage you to get involved in this process.

1. A deeper understanding of the role of acute and developmental trauma
  - a. Understanding the role of acute and developmental trauma
  - b. Understanding its determinant role in the origin of emotional disturbances and embodied fragmentations
2. Current knowledge in anatomy, neurophysiology and psychology on the continuum of stress-to-trauma
3. Similarities and differences related to various aspects of stress and trauma
  - a. Acute and developmental trauma,
  - b. Stress and vicarious traumatization
  - c. Compassion fatigue and trauma
  - d. Particular embodiments: consequences on personal structure and dynamics, as well as relational consequences
4. Our basic theory and practice and the current findings
  - a. How our basic theory and practice is both validated in a new way by the current findings in psychotherapy, trauma intervention and neurobiology
  - b. How these current findings equally challenge us to make use of and include this deeper knowledge in the development of new bioenergetic exercises as well as in the customized applications of traditional interventions and exercises
5. The importance of Porges' Polyvagal theory  
Theoretical and practical implications of Porges' theory for us as bioenergetic therapists

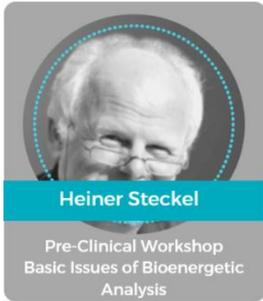
### Teaching Method

This two days training-workshop will be both theoretical and experiential. It will combine the following “building blocks”:

# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

- Theoretical presentations - lectures, using power points and video material
- Exercise classes - putting theory into self-experiential practice
- Dyadic experiences - especially offering opportunities to put Polyvagal theory into practice
- Demonstration through individual interventions by me as the trainer/therapist

The experiential parts will always be followed by personal processing of the material as it usually constitutes the ground for further deepening of theoretical and practical understanding.



## About Heiner Steckel

Heiner Steckel, Dipl.Päd.: I have been an IIBA faculty member since 1990 and I was one of the Cofounders of the North German Institute for Bioenergetic Analysis in 1978. For the last 35 years I have been keeping a private practice in Germany, also teaching Bioenergetic Analysis and related concepts in academic and private settings in Germany. After having attended a workshop with Dr. Lowen in 1977, I kept a close relation, having seen him for therapy and supervision. Later, I was invited to accompany him in various international

Conferences as assistant - what a privilege and learning! As an international trainer I have worked and am still working in various Western and Eastern European countries, as well as in Russia, Brazil and Columbia. Meeting David Berceci in 2005 expanded both my insights on trauma and the meaning and power of the trembling mechanism in the healing of trauma and the possible application of this as a self-help tool. For the past 10 years I have been a member of the TRE<sup>®</sup>FA International Faculty and Trainer Support Team.

## Clinical Workshop with Rebeca Lea Berger

### The therapist's self as the tool of the psychotherapeutic process working with transference and counter-transference

The understanding that we repeat our relationship patterns is a crucial part of the psychotherapeutic process since Freud elaborated his theory about Transference.

In Alexander Lowen's theoretical and practical approach it is essential to understand the familiar patterns the patient repeats in the therapeutic setting, within the relationship with the therapist. In order to be able to recognize those patterns and to identify the patient's transference, the therapist has to be grounded in himself/herself, in his/her own feelings, as well as in his/her feelings towards the patient, moment to moment.

The therapist's grounding also implies being able to recognize his/her own counter-transferential response, which, very often, can be a valuable inner source for intuition regarding the patient's issues.

1. Preparing ourselves for being present
  - a. Grounding into our body and sensing our feelings and needs
  - b. Grounding into the group confidence
2. Transference and counter-transference at the "heart" of the psychotherapeutic process
  - a. Theoretical roots in psychoanalysis
  - b. Bioenergetic understanding of the phenomenon of transference and counter-transference
  - c. Deepening the understanding about the role of "repetition" in our sense of identity
3. Working with transference
  - a. Recognizing the "place" (familiar role) in which the patient puts the therapist
  - b. Bioenergetic strategies
4. Recognizing counter-transference
  - a. Countertransference as source for understanding the patient
  - b. Somatic and emotional aspects of counter-transference
  - c. Strategies to take care of oneself
5. Transference, counter-transference and character structure
  - a. Reflections on the work with transference depending on the client's character structure
  - b. Reflections on somatic and emotional contra-transferential reactions on the part of the therapist depending on his/her character structure and the dynamics initiated by the client

### Teaching Method

The teaching will be done through a combination of theoretical presentation and personal experimentation in dyads and subgroups Each accomplished exercise will be processed from the personal emotional experience and from the theoretical point of view. My way of training in the Bioenergetic tradition of teaching, implies that the theoretical elements and the experiential exercises are intrinsically connected.



## About Rebeca Lea Berger

Rebeca Lea Berger, Lic.Ps. I have been a clinical psychologist since the 80's. My original clinical training was in psychoanalysis until I got acquainted with Wilhelm Reich's work and eventually, with Alexander Lowen's, which made my clinical practice much more alive as well as deeper and more effective. I was trained as a CBT in the 90's, first with Alexander Lowen himself, and I subsequently completed my training with Leslie Case, Len Carlino and Ron Robbins. My CBT group founded the São Paulo institute together with Liane Zink and since then, I have been teaching, supervising and training psychotherapists in that Institute. I became a Faculty member in 2011, and I have since been the Coordinating Trainer responsible for the Moscow Bioenergetic Certification Program. I am also interested other research areas. One of them is related to the aging process, and the acceptance of aging while keeping grounded. The second area of interest is related to the various ways we can use our Bioenergetic knowledge working with psychotic patients, which led me to participate in an interdisciplinary team in a governmental facility offering treatment to severely psychologically disturbed patients over a period of 10 years.

## PRE-CONFERENCE WORKSHOPS

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**Date & Time:** **May 22, 2019**  
🕒 10:00 – 13:00 & 15:00 – 18:00

<b>Registration Fee:</b>	<b>Early Bird</b> (until Nov. 30, 2018)	<b>Regular</b> (Dec. 1, 2018 – Feb. 28, 2019)	<b>Late</b> (Mar 1, 2019 – Apr 30, 2019)
IIBA Member*	127,50 EUR	145,00 EUR	162,50 EUR
IIBA Trainee*	97,50 EUR	115,00 EUR	132,50 EUR
Non-Member*	157,50 EUR	175,00 EUR	192,50 EUR

\* IIBA Member: IIBA Certified Bioenergetic Therapists, Associate IIBA Members, Retired IIBA Certified Bioenergetic Therapists and IIBA Trainees exceeding the standard duration of training by more than 2 years.

\* IIBA Trainee: Currently involved in a training program from an IIBA associated Local Society or Training Group.

\* Others: Any person not belonging to the IIBA community and non-active IIBA Members (no payment of this year's member fee).

## Pre-Conference Workshop 1: Garet Bedrosian

### Residing in The Connection: The Importance of The Pause

By the time a couple comes into therapy, they are often distressed and disconnected. They are stuck in a pattern of defensive reactivity. Lacking the tools to move through this negative cycle, the couple loses hope for finding their way back into connection on their own. This is when they come see us.

The couples are spinning in an emotional thunderstorm. Often there is shaming, blaming and criticizing. A power struggle ensues about who is right or wrong. If not careful, the therapist can get caught in the storm.

Pause.

Connect. See. Hear. Feel.

What is the essence of the disconnect?

Slow down... the way out is not in the story. It's in the connection which happens in The Pause.

Let's spend the day exploring The Pause and see where it takes us.

This workshop will present the concept of The Pause, demonstrations and a chance for you to PAUSE.



#### About Garet Bedrosian

LCSW, CBT, CIRT is a Bioenergetic Therapist, a member of the IIBA faculty, a member of the IIBA Faculty Committee and served as Executive Director of SCIBA. Garet is an IMAGO Relationship Therapist and Workshop Presenter. In the last four decades Garet has followed her curiosity and energetic passions through a wide range of experiences. She holds certifications in EMDR-II, Expressive Arts, Reiki-III and two certifications in Equine Therapy and Coaching. Garet has developed a wholistic approach to working with couples that combines Bioenergetics, IMAGO Relationship Therapy, Reiki and Equine Therapy. Garet and her partner have established FeatherHeart Ranch in Ramona, California where they offer and host Wholistic and Equine Assisted Workshops for individuals, couples, groups and organizations.

## Pre-Conference Workshop 2: Jörg Clauer

### Parental Love and Collaboration with the Infant: The Significance of the “Primary Triangle” and the myth of Oedipus and his perforated feet

In Bioenergetic Analysis most of us are familiar with the importance of affect attunement and dyadic bonding experiences in early infancy as precondition for a vital emotional life. The importance of the triad – that is the ‘Primary Triangle’ of mother, infant and father – as an important second line of development is usually less familiar. In Bioenergetic workshops, however, we often work in a triadic setting and with bodily cooperation; and triangulation is considered as necessary not to get caught in black-and-white emotional perspectives or victim-perpetrator-experiences.

Thus the vital bodily cooperation of mother and father with their infant is tied to different physical organizing principles and fundamental for the development of a secure grounded selfhood, its prospects and our capacity for love. If the love and therefore the parents’ capacity for cooperation are disturbed, then the triad will disintegrate into dyads or monads. Such breakdowns within the ‘Primary Triangle’ challenge the development of the infants self and may cause psychosomatic illnesses or personality disorders.

Already within pregnancy scientist can foreknow the developmental fate of the infant knowing the conceptions of his parents concerning their future collaboration in caring for their baby (co-parenting). The missing empathic and affectionate connection and collaboration of the parents can cause a faulty development within the psyche, body and expression of love and sexuality – like it caused in Oedipus his irascible temper full of hate.

In this workshop we first will look at a good grounding within yourself and within the relationship to workshop partners. This will be the basis to work in a triadic setting which should enable you to experience some of the cooperation, alliances and systemic believes within your family of origin – and maybe some of their emotional and personal unknown limitations or even painful injuries.

Furthermore you will have the opportunity to experience the effects of the bodily support of a third person helping a stuck dyad to relax in their stressful entanglement.

By the experiences in this workshop you might deepen your abilities to work with bodily cooperation within your therapeutic profession and your social life, and develop new perspectives of supervision processes. And for sure you will get information about the theoretical background and research about the ‘Primary Triangle’.



#### About Jörg Clauer

Dr. med. Jörg Clauer, born 1951 in Germany. He was trained in the first German training group for Bioenergetic Analysis, is CBT since 1984, Member of the IIBA Faculty and was a founding-member of the EfBAP. 2016 in Canada, he was member of the PDW Teaching Faculty, is member of the Curriculum Committee updating the IIBA Curriculum and trained Bioenergetic Analysis in Italy and Germany.

# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

He first became biochemist, then physician and specialist of psychosomatic medicine, psychiatry and psychotherapy. Beside Bioenergetic Analysis he was trained in Psychodrama, Body-Enlightenment and Psychoanalysis. He worked as head-physician in specialist clinics for psychosomatic medicine and since 1999 in private practice for psychosomatic medicine and psychotherapy. Since 1995 he is teaching and writing with special interest in psychosomatics, neurobiology, intersubjectivity, cooperation and Bioenergetic therapy with couples.

You find some of his publications in the “Handbook of Bioenergetic Analysis” and the “IIBA-Journal” and some more information about the ‘Primary Triangle’ in: Bioenergetic Analysis 21: 17-5.

# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

## 25<sup>TH</sup> IIBA INTERNATIONAL CONFERENCE

**Date & Time:** **May 22 - 26, 2019**

 From Wednesday (18:30) to Sunday (13:00)

<b>Registration Fee:</b>	<b>Early Bird</b> (until Nov. 30, 2018)	<b>Regular</b> (Dec. 1, 2018 – Feb. 28, 2019)	<b>Late</b> (Mar 1, 2019 – Apr 30, 2019)
IIBA Member	337,00 EUR	387,00 EUR	482,00 EUR
IIBA Trainee	207,00 EUR	257,00 EUR	357,00 EUR
Non-Member	442,00 EUR	507,00 EUR	582,00 EUR

\* IIBA Member: IIBA Certified Bioenergetic Therapists, Associate IIBA Members, Retired IIBA Certified Bioenergetic Therapists and IIBA Trainees exceeding the standard duration of training by more than 2 years.

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\* Others: Any person not belonging to the IIBA community and non-active IIBA Members (no payment of this year's member fee).

## PLENARY SESSIONS

**THERE WILL BE  
SIMULTANEOUS TRANSLATION  
INTO FRENCH, GERMAN, ITALIAN,  
PORTUGUESE AND SPANISH**

## Opening Ceremony • May 22 • 🕒 18:30 – 20:30

Opening Session Chair: Olaf Trapp



### About Olaf Trapp

59 years old, member of SGFBA Germany, trained by the North German Institute for Bioenergetic Analysis (NIBA) from 1994 to 1998, NIBA Board member from 2008 to 2016, President of the European Federation for Bioenergetic Analysis (EFBA-P) from 2011 to 2017, now Vice President. 35 years of experience in bodywork, first as a massage therapist and teacher for acupuncture. So far, he led therapeutic workshops in USA, Chile, Russia, Poland, Lithuania, Bulgaria, Croatia and Greece. He is working in private practice in Athens (Greece) with an emphasis on structural disorders and psychosomatics.

## Plenary Session • May 23 • 🕒 09:30 – 13:00

Plenary Session Chair: Francisco García Esteban



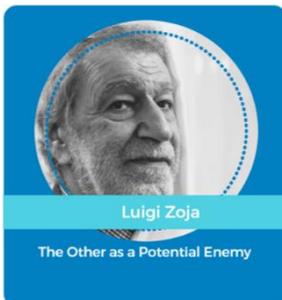
### About Francisco García Esteban

Clinical Psychologist, Master in Psychoanalytic Psychotherapy, Master in Human Sexuality, Psychoanalytic Psychotherapist certified by the Asociación Española de Psicoterapia Psicoanalítica "Oskar Pfister", Bioenergetic Therapist certified by the International Institute for Bioenergetic Analysis (IIBA) Bioenergetic Analysis Supervisor (IMAB). Delegate of the European Federation for Bioenergetic Analysis-Psychotherapy (EFBA-P) in the European Association for Psychotherapy (EAP). Past President of EFBA-P. Past Vice-President of IIBA. Founder member of the Asociación Estatal de Profesionales de la Sexología (AEPS).

He is in private practice in Madrid, Spain, at the “Bioenergética Madrid” Center of Psychotherapy and Personal Development <http://www.bioenergetica.es>. He likes to integrate different approaches to promote human wellbeing in all areas of life and particularly in sexuality.

## Keynote Speech: The Other as a Potential Enemy

Even the most normal thought is constantly infiltrated by paranoia. According to the statistics, as a form of mental disorder it is relatively insignificant. Whereas other forms of mental pathology exclude the individual from society, paranoia can assist in the gaining of great power, by providing the public with a scapegoat. The classic twentieth-century examples are Hitler and Stalin. Ever since the mass media have existed, they have had the great responsibility of combating this distortion, which is a cause of the worst evils, or of going along with it. In the digital world, theoretically the chances of achieving complete, objective information have increased enormously: in practice, however, the main thing that has increased has been confusion in the average citizen. It seems that knowing the other personally remains the best defence against indiscriminate hatred.



### About Luigi Zoja

Luigi Zoja (1943), Ph.D. Former Training Analyst of C.G. Jung Institut - Zurich and past President of CIPA (Centro Italiano di Psicologia Analitica). Former President of IAAP (International Association of Analytical Psychology). Former teaching activity at the School of Psychiatry of the Faculty of Medicine, State University of Palermo, at the University of Insubria (Italy). Visiting Professor of the Beijing Normal University and at the University of Macao (China). Clinical practice in Zurich, then private practice in Milan, in

New York and, at present, again in Milan. Diploma in Analytical Psychology of the C.G. Jung Institut, Zurich. Lecturer in Italy and abroad. Author of papers and books, published in Italian, English, German, French, Spanish, Portuguese, Greek, Russian, Polish, Czech, Romanian, Lithuanian, Slovenian, Chinese and Korean.

### Book List - Published books by Luigi Zoja in English

- Drugs, Addiction and Initiation, 1st ed. Boston: Sigo Press, 1989, 2d ed. Einsiedeln, CH: Daimon, 2000
- Growth and Guilt, London and New York: Routledge, 1995
- The Father, Routledge, 2001 (Gradiva Award 2001), second and updated edition 2018
- The Global Nightmare. Jungian Perspectives on September 11, (ed.) Daimon, 2002
- Cultivating the Soul, London: Free Association, 2005
- Ethics and Analysis, College Station TX: A&M Texas University Press, 2007 (Gradiva Award 2008)
- Violence in History, Culture and the Psyche, New Orleans: Spring, 2009
- Paranoia. The Madness that Makes History, London & New York, Routledge, 2017.

### Book List - Published books by Luigi Zoja in Italian

- Nascere non basta. Iniziazione e tossicodipendenza, Cortina, Milano 1985 e 2003
- Coltivare l'anima, Moretti&Vitali, Bergamo 1999
- Il gesto di Ettore. Preistoria, storia, attualità e scomparsa del padre, Bollati Boringhieri, Torino 2000 (Premi Palmi e Gradiva Award) (a cura di)
- L'incubo globale. Prospettive junghiane sull'11 settembre, Moretti&Vitali, Bergamo 2002
- Storia dell'arroganza. Psicologia e limiti dello sviluppo, Moretti&Vitali, Bergamo 2003;
- Giustizia e Bellezza, Bollati Boringhieri, Torino 2007
- La morte del prossimo, Einaudi, Torino 2009
- Contro Ismene. Considerazioni sulla violenza, Bollati Boringhieri, Torino 2009 (Premio Internazionale Arché)

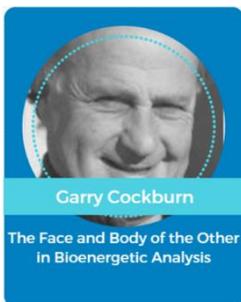
# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

- Centauri. Mito e violenza maschile, Laterza, Roma - Bari 2010
- Al di là delle intenzioni: etica e analisi, Bollati Boringhieri, Torino, 2011 (Gradiva Award per l'edizione americana)
- Paranoia. La follia che fa la storia, Bollati Boringhieri, Torino 2011; (con S. Argentieri, S. Bolognini, A. Di Ciaccia)
- In difesa della psicoanalisi, Einaudi, Torino 2013
- Utopie minimaliste, Chiarelettere, Milano 2013 (Premio Rhegium Julii);(con Leonardo Boff)
- Tra eresia e verità, Chiarelettere, Milano 2014 Psiche, Bollati Boringhieri, Torino 2015
- Il gesto di Ettore. Preistoria, storia, attualità e scomparsa del padre, Bollati Boringhieri, Torino 2016 Nuova ediz. Rivista e aggiornata
- Centauri. Alle origini della violenza maschile, Bollati Boringhieri, Torino 2016 Nuova ediz. Rivista, aggiornata e ampliata
- Nella mente di un terrorista. Conversazione con Omar Bellicini, Torino, Einaudi, 2017.

## Keynote Speech: The Face and Body of the Other

When an infant sees herself in the eyes of her loving mother, she knows that the “I” inside herself, is reflected in a “me” out there in the world. It is safe “to go on being”, as Winnicott would say. This is the real beginning of human consciousness and the start of an unfolding mystery of transcendent encounters with experience. Love, mythology, religion, art, poetry, and psychotherapy at its best, help to fully disclose this. The opposite is emptiness or hatred of self, a narcissistic absorption in the self, and fear and paranoia about the other.

Alexander Lowen knew this in his body, as his first experience was of eyes in the face and body of his terrifying mother. He dedicated his life to creating a form of somatic psychotherapy that would restore the “deepest feeling of the heart” and transcend “the fetters of unconscious fears”. We have inherited his vision and the challenge to recognize ourselves, our me, even in the face and body of those who hate or are self-absorbed. This is still the major challenge of our times.



### About Garry Cockburn

BSW(Hons), MNZAP (ACP), CBT., is in private practice as a Bioenergetic psychotherapist with his partner, Pye Bowden, in Wellington, New Zealand. He was a key-note speaker at the IIBA Conference in Seville in 2007, and has been on IIBA Conference Panels in the USA, Italy and Latin America. He has published in the IIBA Journal and in the European J. for Bioenergetics and Psychotherapy. He is a Local Trainer for the New Zealand Society. He joined the Board of Trustees in 2011, and was IIBA President from 2013-2016.

## Plenary Session • May 24 • 🕒 09:30 – 13:00

Plenary Session Chair: Maryse Doess



### About Maryse Doess

Maryse was born in Switzerland 69 years ago. She studied Psychology and Education Sciences at the Geneva University (1970-1976) and moved to Paris when she her IIBA Training. She was certified in 1989, becoming Supervisor in 1992, Local Trainer in 1993 and IIBA Faculty Member in 2004. Maryse runs a private practice in Paris (individual and group of Bioenergetic Analysis Therapy) since 1990. She has been running IIBA Training since 1993 in France, Belgium, Spain, Portugal, Brazil and La Réunion (France).

## Keynote Speech: Companionship and Connection: Repairing the Cycle of Life for a Thriving World

Humans are born highly immature with much to develop neurobiologically after birth. To accommodate a needy offspring, humans evolved a nest that matches up with the maturational schedule of the child, providing the buffering needed to optimize development. Each human self-organizes around experience, especially in early life when neurobiological systems are establishing their parameters and thresholds. However, industrialized nations have degraded the nest, so much so that illbeing is spreading around the world. Baselines have shifted for child raising, what is considered normal child and adult behaviour promoting cultures that perpetuate suboptimal development. I discuss what humans need to flourish and how to repair damaged selves and communities.



### About Darcia Narvaez

Darcia Narvaez is Professor of Psychology at the University of Notre Dame who focuses on moral development and flourishing from an interdisciplinary perspective, integrating anthropology, neuroscience, clinical, developmental and educational sciences. Dr Narvaez's current research explores how early life experience influences societal culture and moral character in children and adults. She integrates neurobiological, clinical, developmental and education sciences in her theories and research about moral

development. She publishes extensively on moral development, parenting and education. She is a fellow of the American Psychological Association and the American Educational Research Association. She writes a popular blog for *Psychology Today* ("Moral Landscapes"). One of her recent books, *Neurobiology and the Development of Human Morality: Evolution, Culture and Wisdom* won the 2015 William James Book Award from the American Psychological Association and the 2017 Expanded Reason Award.

### Book List - Published books by Darcia Narvaez

- Embodied morality: Protectionism, engagement and imagination. New York, NY: Palgrave-Macmillan.
- Contexts for young child flourishing: Evolution, family and society (ed. with J. Braungard-Rieker, L. Miller-Graff, L. Gettler, P. Hastings). New York, NY: Oxford University Press.
- Developing the virtues: Integrating perspectives (ed. with J. Annas & N. Snow). New York, NY: Oxford University Press.
- Neurobiology and the development of human morality: Evolution, culture and wisdom. New York, NY: W.W. Norton.
- Ancestral landscapes in human evolution: Culture, childrearing and social wellbeing (ed. with K. Valentino, A. Fuentes, J. McKenna, P. Gray). New York, NY: Oxford University Press.
- Handbook of moral and character education (2nd Ed.) (ed. with L. Nucci & T. Krettenauer). New York, NY: Routledge.
- Evolution, early experience and human development: From research to practice and policy (ed. with J. Panksepp, A. Schore, T. Gleason). New York, NY: Oxford University Press.
- Personality, identity, and character: Explorations in moral psychology (ed. with D. Lapsley). New York, NY: Cambridge University Press.

# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

- Nurturing character in the classroom, EthEx Series, Book 1: Ethical Sensitivity (with L Endicott). Notre Dame, IN: ACE Press.
- Nurturing character in the classroom, EthEx Series, Book 2: Ethical Judgment (with T. Bock). Notre Dame, IN: ACE Press.
- Nurturing character in the classroom, EthEx Series, Book 3: Ethical Motivation (with J. Lies). Notre Dame, IN: ACE Press.
- Nurturing character in the classroom, EthEx Series, Book 4: Ethical Action. Notre Dame, IN: ACE Press.
- Handbook of moral and character education (with L. Nucci). New York, NY: Routledge.
- Moral education: A Handbook (Vols. 1-2) (ed. with F. Power, R. Nuzzi, D. Lapsley, T. Hunt). Westport, CT: Praeger.
- Moral development, self and identity: Essays in honor of Augusto Blasi (ed. with D. Lapsley). Mahwah, NJ: Erlbaum.
- Postconventional moral thinking: A neo-Kohlbergian approach (with J. Rest, M. Bebeau, S. Thoma). Mahwah, NJ: Erlbaum.
- Moral development in the professions: Psychology and applied ethics (ed. with J. Rest). Hillsdale, NJ: Lawrence Erlbaum.

## Keynote Speech: Connecting Authentically with Ourselves and Others - Expressing the Emotional Truth

In times where there is more body-styling and body-shaping than sensing and feeling the body – or just being our body - we are challenged to encounter the narcissistic style of contact. In Bioenergetic Analysis we are offering energetic work within a relational frame that is based on somatic resonance and analytic understanding. Working with the voice and sounds can give access to what we call “true body-self”. The resonant voice reflects, even more than the speaking voice, something about our current internal state and our current mood, as well as about deeper levels of our selves. There is an idiosyncrasy of bioenergetic work with the voice in contrast to therapeutic approaches that work solely with the body. On the way to authenticity we are definitely asked to deal with our negative introjects, energizing them, giving them a motoric and vocal expression.



### **About Vita Heinrich-Clauer**

Dipl. Psych., CBT, psychotherapist, supervisor, lecturer, teacher, author and editor of the Reader: “Handbook Bioenergetic Analysis” published in German 2008, English 2011, Italian 2013, Portuguese 2015 and French 2015. Member of the IIBA since 1985 (Member at Large). Trained in Bioenergetic Analysis 1985-1991 in Germany. CBT since 1991 (certified by Frank Hladky/Eleanor Greenlee). member of the IIBA Board of Trustees from 2002 to 2008, actual member of the IIBA Selection Committee and IIBA Faculty member since 2010. Trainings in Russia, Scandinavia, Switzerland, Germany, Poland, Brazil. Coordinating Trainer in Scandinavia and Poland. Special interest in diagnostics, somatic resonance, psychosomatics, developmental trauma, self-care for therapists, bioenergetic work with the voice and body work with couples. Research and teaching in psychological diagnostics, developmental psychology from 1981-1988 at the University of Osnabrück (Germany). Since 1989 praxis for psychotherapy, licensed psychologist for depth psychology.

## Plenary Session • May 25 • 🕒 09:30 – 13:00

Plenary Session Chair: Miriam Bergamini Mantau



### **About Miriam Bergamini Mantau**

Psychotherapist in Bioenergetic Analysis, working in private practice since 2001. CBT and Local Trainer of SABERJ (Sociedade de Análise Bioenergética do Rio de Janeiro) where she was President from 2007 to 2017, member of FLAAB from 2007 to 2016, member of the IIBA Research Committee since February 2018. Miriam focuses of interest are allied to therapeutic work: sociology and neurobiology.

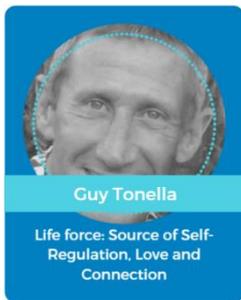
## Keynote Speech: “Life force” Source of Self-Regulation, Love and Connection

Lowen had faith in the "life force", in its intelligence, and in the boundless potential of the human organism, and he set out some of the resources essential to its regulation and the regulation of one's self.

Working with the "life force" is at the core of the bioenergetic therapeutic process since vitality is blocked by characterological defenses, disorganized by PTSD, and exhausted by the loss of love and attachment. This blocking disturbs memories enshrined in the depth of our cells and it disturbs our plunging into connection with nature and the universe.

We bioenergetic therapists are “ferryman” between the atom and the spirit, “ferryman” between nature and culture, “ferryman” between individual homeostasis and ecological homeostasis, “ferryman” between the grounding in the earth and the oceanic feelings of the soul.

If our own bioenergetic therapy has been able to germinate these different levels of consciousness with/in us, then we will pass them on to our patients. We will transmit bonds of attachment that unite us both to humanity and to nature: the nature of these links is sensori-emotional and they are intrinsically intelligent and deeply regulating.



### About Guy Tonella

He is Doctor in Clinical and Developmental Psychology, has a Master of Psychophysiology and a Master in Science of Motor Function. He has been Professor and Researcher in Psychology during 20 years in Paris, Montpellier and Toulouse Universities. He is Bioenergetic Psychotherapist since 1980 in private practice, working during some years with schizophrenic young adults in Psychiatric Hospital. He is member of the French College for Bioenergetic Analysis (CFAB). He is IIBA International Trainer since 1992 and has been working in France,

Belgium, Netherlands, Germany, Switzerland, Italy, Spain, Portugal, Canada, Brazil, Argentina, New Zealand and China. He was member of the IIBA Executive Committee between 2002 and 2005. He published or co-published until now 10 books and around 50 articles.

## Panel Discussion



Pye Bowden

### **Pye Bowden**

M.Guid & Couns., CBT. Pye Bowden is Director of Training for NZSBA and has a private practice in Wellington, New Zealand. She has provided input at IIBA Conferences on trauma and relational trauma, and is interested in how neuroscience underpins early development, emotion, affect regulation and the power of the heart.



Patrizia Moselli

### **Patrizia Moselli**

Psychologist, psychotherapist, IIBA International Trainer and IIBA Faculty Member since 2006. She is the Director of SIAB (Italian Society of Bioenergetic Analysis), past President of FIAP (Italian Federation of Associations of Psychotherapy) and member of the Board of Directors of SIPSIC (Italian Society for Psychotherapy, the major association of psychologists, psychotherapists and psychiatrists in Italy). She is FIAP delegate for the European Association for Psychotherapy (EAP). Formed and senior trainer also in the person-centered approach, she worked with Carl Rogers in facilitating intercultural encounter groups in Italy, Ireland and Hungary. Many of her essays are published in Italian and international magazines and she's the author of several scientific articles. She's involved with training and supervision since over twenty years.



Odila Weigand

### **Odila Weigand**

Licensed Psychologist, Master Clinical Psychology (PUC/SP), IIBA International Trainer, member of IABSP Instituto de Análise Bioenergética de São Paulo, also trained in Core Energetics, Family Therapy, NLP, Time Line Therapy, Systemic Constellations. Works in private practice in São Paulo and teaches Bioenergetic Analysis in several cities of Brazil as well as teaches in Rede Brasil Core Energetics in Brasilia. Author of a book: Grounding e Autonomia: A terapia corporal Bioenergética revisitada.

## Plenary Session • May 26 • 🕒 09:30 – 13:00

Plenary Session Chair: Diana Guest



### About Diana Guest

Diana Guest, MFT, CBT is practicing psychotherapy in a private practice in San Diego, California. She has been practicing for 30 years. She is the president of the IIBA Board of Trustees, on the International IIBA Faculty and teaches in many countries around the world. She is the IIBA Coordinating Trainer for SCIBA and the China Training Programs. She has been a keynote speaker at Bioenergetic Conferences and is a published author.

## Panel Discussion: Next steps for a modern Bioenergetic Analysis from this 25th IIBA International Conference



### **Louise Fréchette**

Louise Fréchette completed a Master degree in psychology at Université de Montréal in 1976. She has been in private practice in Montreal since 1980. She was certified as a bioenergetic analysis therapist in 1982 and has been an IIBA Faculty member since 1992. From 1987 until now, she has been teaching bioenergetic analysis in various places like Canada, the United States, France, Belgium, Spain, Portugal, Russia, Argentina, Brazil and New Zealand.



### **Eulina Ribeiro**

Eulina Ribeiro, Reichian Psychoterapist, IIBA International Trainer, Sobab's Director President, Flaab's Advisor, has been attending patients, couples and families within a body vision and Bioenergetic Analysis since 1981. Teacher for 6 years giving lessons about Reich Theory in Sedes Sspientiae. 5 years of Psychoanalyse, Systematic Family Therapy Course and Training in Kellerman. Worked with adult literacy and with groups of needy women.



### **Pedro Ribeira Da Silva**

Pedro is a Medical Doctor and has a Master Degree in Communication Studies. He became a Certified Bioenergetic Therapist in 1998. He works in the field of Health Promotion and Health Psychology and teaches communications in the University and as a Trainer. He is also practicing as a Psychotherapist.

# TRAINING DAYS, PRE-CONFERENCE WORKSHOPS & PLENARY SESSIONS

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or WhatsApp 0034 680 77 17 99

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